

EAST MOUNTAIN GOOD NEWS

August 2011

Staff

Rob Bowen,
Children's Minister

Aaron Handorf,
Worship Minister

Gara Handorf,
Youth Minister

Jodi Smith,
Administrative Assistant

Kerah Smith,
Nursery Worker

Bro. Roy Edgemon

Bro. Roy Edgemon is retired director of the "Discipleship & Family Division" of LifeWay Christian Resources of the SBC. He has earned a B.A. degree from Midwestern University, Wichita Falls, TX, a B.D. degree from Southwestern Baptist Theological Seminary, Ft. Worth, TX and a Th.D. from Luther Rice Theological Seminary, Jacksonville, FL.

He has pastored eight different churches including Tokyo Baptist Church, Tokyo, Japan. He works

as a professional interim pastor and or consultant for churches seeking to find a new long-term pastor. He has served with the International Mission Board, North American Mission Board, LifeWay Christian Resources, and the Southern Baptist Convention.

Bro. Edgemon has had numerous works published with a major focus on training and equipping disciples of Christ.

Bro. Edgemon loves horseback riding, reading and travel.

Sunday evening, July 31, we will be given the opportunity to vote on Bro. Roy Edgemon becoming our transitional pastor.

On Sunday, July 24, Bro. Edgemon mentioned spiritual transformation which means God's work of changing a believer into the likeness of Jesus by creating a new identity in Christ and empowering a lifelong relationship of love, trust, and obedience to glorify God. When we, as Christians, make this transformation we are

(Continued on page 2)

Church Cookbooks

Our EMBC cookbook, Our Daily Bread, has gone to print! Thanks to everyone for making our "Christmas in July" pre-sale a success! We sold over 150 before they were sent to the publisher. When the cookbooks come in, they will sell for \$15, which is still a bargain. They will contain not only 485 recipes, but also the

plan of salvation, scripture throughout the book, and devotionals. So you see, they are much more than just a cookbook. Much time, love and tears went into the preparation of the book. Next time you see Sheri Pitman, (chairman), Carole Dailey, Margaret Wright and June Reynolds, give them a great big hug

and thank them for all their hard work.

Each month, *The East Mountain Good News* will feature a recipe from Our Daily Bread. This month's recipe is a truly southern, summertime soul food and is just a taste of what you have to look forward to when the cookbooks come in early fall. *Look inside* for

this month's recipe.



From Our Children's Minister

Are you tired?

Galations 6:

⁹And let us not be weary in well doing: for in due season we shall reap, if we faint not. ¹⁰As we have therefore opportunity, let us do good unto all men, especially unto them who are of the household of faith.

Matthew 11:

²⁸Come unto me, all ye that labour and are heavy laden, and I will give you rest. ²⁹Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. ³⁰For my yoke is easy, and my burden is light.

Does it seem like you never have time to relax? To rest? Is your world spinning at maximum rpm with no indication that you can take your foot off the gas any time soon? You are not alone! I dare say that most of us suffer from our own inability to "stop and smell the roses." From the beginning of time (creation), God has stressed the importance of rest. In our bodies. The earth. God didn't make us with an infinite supply of physical energy.

The passages above seem almost contradictory to the idea that God intends for us to take rest. God is well aware that we are going to get weary, or physically tired. The intent of the passages is to bolster our spiritual endurance. Don't Quit! I saw a church sign this week that said, "God didn't take a summer vacation from you!" Perhaps our ideas of rest are not in sync with God's. Our ideas of rest too often keep us away from God. Our service to God and others is dependent upon "opportunity". God has not called every Christian to be a paid staff member, but he has called us all to be servants. Have you missed opportunities in the past? Have you hidden from opportunities? How much more satisfying is it to avail ourselves of the opportunities that God provides! If our focus is on Christ while we toil in his field, then we are subjecting ourselves to his rest. If our focus is elsewhere, we're just gonna get tired!

Please! Please! Please! Take time to rest your body and your mind. Think about how many times you have told someone, "I don't have time!" It sounds like a cheeky cliché, but, make time! That doesn't mean plop down in front of the TV and stare aimlessly for hours. Spend time with your family, friends. Read a good book (may I suggest one....duh?) Shut off the world and enjoy what God has given you. Re-charge your batteries!

That being said, don't forget that we are God's laborers. He doesn't have to use us; He wants to! If we seize upon the opportunities that only He can present, and trust Him for the strength to do so, then we can enjoy the rest and

peace that only He can provide.

I have not had the opportunity to publicly thank all of you who so willingly helped with VBS, so I extend to you all a hearty, Thank You! You are loved.

Grannie's Stovetop Meatloaf

from Veronica Carnes

1 Lb. ground beef
1 large onion, chopped
2 slices bread
2 eggs
bell pepper, chopped
salt
pepper
tomato juice or sauce
1/3 C. milk

Soak the two slices of bread in milk. Add to the meat, eggs, salt, pepper, onions and bell pepper. Mix thoroughly. Heat heavy iron skillet with oil. Shape meat mixture into loaves and put in skillet to brown on both sides. Add 1 can tomato juice or tomato sauce and catsup. Cover skillet.

Cook covered, about 45 minutes or until done. Add more juice if needed.

(Continued from page 1)

able to live in God's presence each day.

Last Sunday Bro. Edgemon referred to Frank Laubach's journey of spiritual transformation. To learn more, read The Diary of Frank Laubach-
<http://www.durance.com/>

[laubach.htm](#) .

Another recommendation of Bro. Edgemon was the book, *More Than Ordinary*, by Doug Sherman. Check out this book and author at these links: <http://www.youtube.com/watch?v=ZY89AesswSc&NR=1> and <http://www.morethanordinary.org/About.aspx> .

Rehab Equipment

The church is making available walkers, a wheel chair and other rehab equipment to church member for temporary use.

All inquiries and requests can be made through the church office.

Thank You

A great big thank you to Jill Wynn and Terry Breazeale for all their hard work painting in the nursery, children and preschool classrooms and hall.

Donnie Noe

Dear Church Family,

Thank you so much for making my family and I feel special last Sunday night with the dinner and fellowship. The basket, cards, kind words, and hugs meant so much. We love you and will miss you dearly.

In Christ's love,

Veronica Carnes

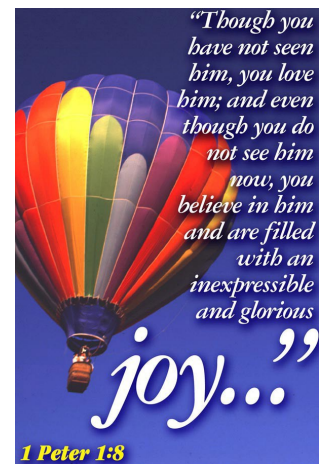
Ministry Opportunities

AWANA Workers Needed: Approved Workmen Are Not Ashamed! Sign up NOW to work with our children in the 2011-2012 AWANA program starting in September. A one-day training is scheduled for August 13. See Judy Jones or Bro. Rob Bowen for

more information.

Fellowship Ministry Teams: Monthly fellowship dinners are back and we need help with set-up, serving and clean-up. Teams will serve on a rotating basis. If you would like to serve on a Fellowship Ministry Team,

please sign up now. For more information, see Janet Webb.



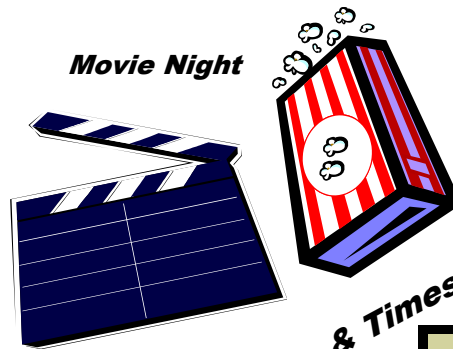
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**August 20
5:00-8:00 P.M.**

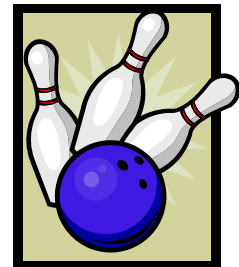


Back-to-School Party

Movie Night



Dates & Times TBA



Bowling

EAST MOUNTAIN
BAPTIST CHURCH



315 E Mountain N
Gilmer, TX 75645

Phone: 903-759-2820
E-mail: eastmountainbaptist@gmail.com

Deacons of the Week

(This is for a 2-week period)

July 24-August 6

Rob Bowen (903-452-4007)
David Reynolds (903-759-4769)

August 7-August 20

Bill Darby (903-759-4705)
David Jones (903-374-1290)

August 21-September 3

Jon Pitman (903-734-5029)
Shane Mayhan (903-734-1286)

Weekly Schedule

SUNDAYS

9:30 am	Sunday School
10:45 am	Worship Service Children's Church in the gym
5:00 am	Adult Choir Practice
6:00 pm	Evening Service Children's Activities - Night "Lights"

WEDNESDAYS

6:30-7:30 pm	Youth Service Adult Bible Study & Prayer Meeting
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Family Fellowship Meals

The Women's Ministry is sponsoring a program to help make new members feel welcome - Family Fellowship Meals.

One Sunday each month a team of host families will provide Sunday lunch for recent new members. If you

are interested in joining a host team, please contact Phyllis Daniel or Amber Mayhan.



By Baptism:
Benny Wehrenberg
421 Main St.
Gilmer, TX 75645

"Then the nations will know that I am the Lord...when I show Myself holy among you before their eyes." Ezekiel 36:23